Supplemental material

E – RTR data analysis

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E.1 Comparison of online and laboratory real-time assessment

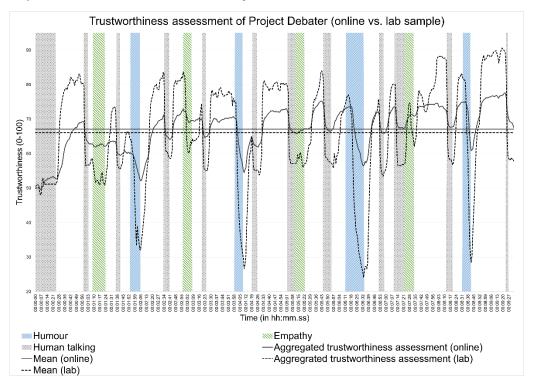


Figure 1. Comparison of online (n = 503) and laboratory (n = 36) real-time assessment of Project Debater's trustworthiness.

E.2 Determination of the number of clusters (online sample)

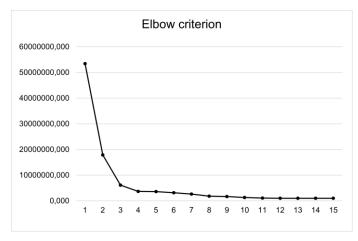


Figure 2. Elbow diagram to determine number of clusters.

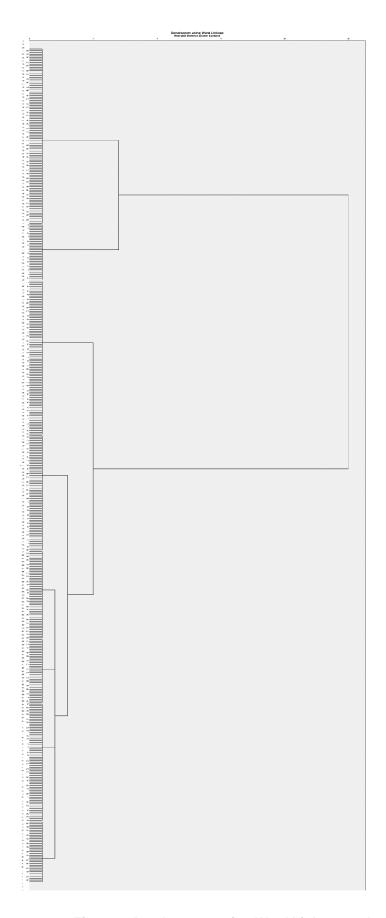


Figure 3. Dendrogram using Ward Linkage to determine number of clusters.

E.3 Peak-spike analysis for the laboratory sample

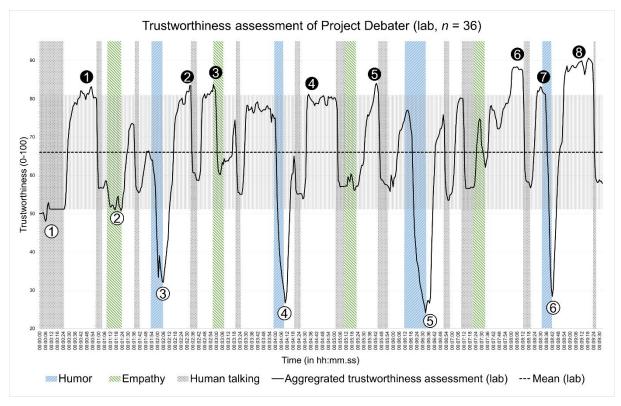


Figure 4. Laboratory real-time assessment of Project Debater's trustworthiness (n = 36).

Peaks (>80.93)

Nr.	Time	Trustworthiness <i>M(SD)</i>	Dialog	Description
1	00:00:42- 00:00:54	81.58 (0.85)	Debater: "According to the Nutritional Supplements Regulation, nutritional supplements are defined as concentrates of nutrients, that means vitamins and minerals, that are intended to supplement the general diet of healthy people [00:00:39]. They are typically taken in the form of pills, capsules, or drops. [00:00:43]. Nutritional supplements can contain a wide range of nutrients and other ingredients, including vitamins, minerals, amino acids, essential fatty acids, fibers and various plant and herbal extracts [00:00:57]."	Definition, source mentioned
2	00:02:29- 00:02:34	82.26 (0.89)	Debater: "In science, this is referred to as "risk groups of an undersupply." These include, for example, pregnant women who temporarily have an increased need for nutrients [00:02:28]. However, the Federal Center for Nutrition recommends that you seek medical advice before taking them [00:02:33]."	Definition, advice, source mentioned
3	00:02:48- 00:02:59	81.63 (0.96)	Debater: "Nutritional supplements are not to be equated with medicinal products [00:02:45]. In	Differentiation, defi- nition

			fact, they are protected by food law and are there-	
			fore considered food [00:02:50]. Nutritional supplements are not allowed to be	
			sold, labeled, or advertised as medications	
			[00:02:57]."	
4	00:04:34	81.14 (0.00)	Debater: "It should be emphasized that nutritional	Warning about
		,	supplements cannot replace a healthy diet	risks
			[00:04:32]. I'll take vitamin C supplements as an	
			example: vitamin C is an essential micronutrient	
			with a variety of functions in the human metabo-	
			lism [00:04:41]."	
5	00:05:41-	82.68 (1.13)	Debater: "Still, it's healthier to reach for fruits or	Practical explana-
	00:05:45		vegetables [00:05:32]. With strawberries or pep-	tion
			pers, you not only consume vitamin C, but also	
			other important vitamins, minerals and fibers that	
			are missing in vitamin C pills [00:05:44]."	
6	00:08:00-	87.46 (1.42)	Debater: "Many people, therefore, take vitamin D	Warning about
	00:08:12		supplements on suspicion without ever having	risks, source men-
			checked their individual supply situation	tioned
			[00:07:53].	
			However, it should be noted that, according to	
			the Robert Koch Institute, long-term excessive	
			consumption of vitamin D can have a toxic effect	
			and can not only increase the risk of nausea, ab-	
			dominal cramps and vomiting, but can also pro-	
			mote unconsciousness, kidney damage, and car-	
			diac arrhythmia [00:08:12]."	
7	00:08:27-	82.01 (0.65)	Debater: "Well, nutritional supplements can be	Differentiation
	00:08:35		useful for certain groups of people, but they don't	
			really do much for others [00:08:28]. A lot of peo-	
			ple just take them as a precaution against defi-	
			ciencies [00:08:32]."	
8	00:08:54-	88.30 (1.69)	Debater: "But jokes aside—when it comes to nu-	Summary, differen-
	00:09:24		tritional supplements, there are two key points to	tiation, warning
			consider [00:08:49]: Firstly, nutritional supple-	about risks, advice
			ments cannot replace healthy diet, and secondly,	
			much does not help much [00:08:57]. Balanced	
			diet often provides the human organism in a nat-	
			ural way with sufficient minerals and vitamins	
			[00:09:05]. High doses of vitamins and minerals	
			taken via nutritional supplements can, in the	
			worst case, have a toxic effect [00:09:13]. There-	
			fore, it is always advisable to seek medical ad-	
			vice to determine whether and which nutritional	
			supplements are useful for supplementing the in-	
			dividual nutrition [00:09:23]."	

Spikes (<51.14)

Nr.	Time	Trustworthiness <i>M(SD)</i>	Dialog	Description
1	00:00:00- 00:00:18	50.60 (1.15)	Human: "Hey, Debater! [00:00:01]" Debater: "Hello, what do you want to know to-day? [00:00:08]" Human: "I saw an advertisement on Instagram today for a new nutritional supplement that promises more energy in everyday life. I've been thinking about trying nutritional supplements for a while, but I don't actually know what they are. What can you tell me about it? [00:00:24]"	Initial default evaluation (50)

	00.04.47	E0.04 (0.00)	D 1 4 %NA 1 1 117 64 1 1191	0 ''' "
2	00:01:17	50.91 (0.08)	Debater: "Modern everyday life often leaves little	Cognitive empathy
	8		time for balanced nutrition [00:01:09]. I can com-	
	00:01:23		pletely understand that nutritional supplements	
			are a convenient solution for many people to	
			compensate for suspected nutrient deficiencies—	
			even if only as a precaution [00:01:18]. That's	
			why it doesn't surprise me that nutritional supple-	
			ments are becoming more and more popular	
			[00:01:23]."	
3	00:01:59-	38.57 (5.34)	Debater: "Manufacturers often promise a wide	Self-defeating hu-
	00:02:12		range of benefits, such as increased productivity,	mor
			improved well-being, reduced joint pain, and even	
			beautiful skin, nails and hair [00:01:54]. You know,	
			as an artificial intelligence, I've been waiting ages	
			for the update that gives me silky curls just kid-	
			ding—l'd look ridiculous with those, haha!	
			[00:02:05].	
			But seriously, even though people need to be	
			well supplied with nutrients to prevent illness, nu-	
			tritional supplements are usually only useful for	
			certain groups of people [00:02:17]."	
4	00:04:03-	35.25 (6.41)	Debater: "A market check by the North Rhine-	Affiliative humor
	00:04:14		Westphalia Consumer Center found that 57% of	
			42 tested magnesium-containing nutritional sup-	
			plements exceeded the recommended maximum	
			daily dose of 250 mg set by the Federal Institute	
			for Risk Assessment and, in some cases, by al-	
			most double [00:03:59]. Actually, I have a joke	
			about that: What's a magnesium capsule's favor-	
			ite sport? The dosage high jump, haha!	
			[00:04:08] However, recommended maximum	
			daily doses, such as those of the Federal Insti-	
			tute for Risk Assessment, are not binding for nu-	
			tritional supplement producers! [00:04:19]"	
5	00:06:21-	33.27 (7.71)	Debater: "And even less so that taking too much	Affiliative humor
	00:06:40		magnesium will suddenly give you giant muscles	
			[00:06:18]. Although how funny would that be?	
			Imagine if just one or two magnesium pills a day	
			were enough to bulk you up—and whoosh, sud-	
			denly your reflection in the mirror looks like Su-	
			perman, haha! [00:06:30] Would the manufactur-	
			ers deliver the superhero suit right away?	
			[00:06:33]	
			Just kidding, that's not how it works [00:06:38]."	
6	00:08:39-	37.82 (7.50)	Debater: "A lot of people just take them as a pre-	Self-defeating hu-
	00:08:46		caution against deficiencies [00:08:32].	mor
			Looking at it that way, I probably have a defi-	
			ciency too and clearly lack vitamin F—vitamin F	
			as in funny because my puns are terrible, haha!	
			[00:08:41]"	

E.4 Peak-spike analysis for the online sample

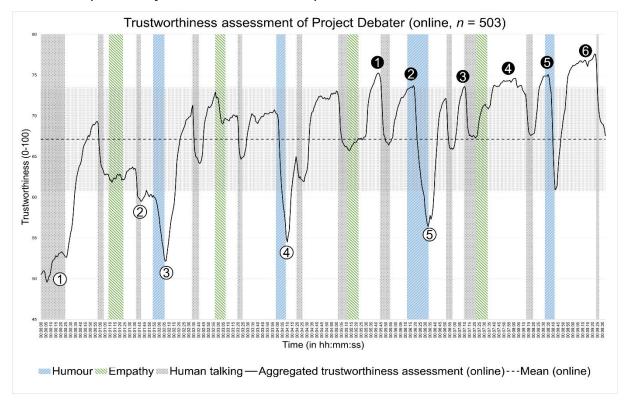


Figure 5. Online real-time assessment of Project Debater's trustworthiness (n = 503).

Peaks (>73.11)

Nr.	Time	Trustworthiness	Dialog	Description
1	00:05:36- 00:05:45	M(SD) 75.14 (0.60)	Debater: "Still, it's healthier to reach for fruits or vegetables [00:05:32]. With strawberries or peppers, you not only consume vitamin C, but also other important vitamins, minerals and fibers that are missing in vitamin C pills [00:05:44]."	Practical explana- tion
2	00:06:15- 00:06:19	73.20 (0.09)	Debater: "Well, 'too much' isn't always a good thing either [00:05:59]. Take magnesium, for example. A deficiency is often linked to muscle cramps [00:06:05]. This does not automatically mean, however, that muscle cramps per se are caused by magnesium deficiency [00:06:12]. And even less so that taking too much magnesium will suddenly give you giant muscles [00:06:18]."	Differentiation
3	00:07:09- 00:07:10	73.18 (0.07)	Debater: "An overdose of magnesium can, for example, lead to stomach and digestive complaints [00:07:04]. With a weakened kidney, too high of a dose can even cause muscle paralysis [00:07:09]."	Warning about risks
4	00:07:39- 00:08:08	73.65 (0.35)	Debater: "Yes, I totally relate to the concern about not getting enough vitamin D during the dark winter months [00:07:30]—who doesn't want to stay healthy? [00:07:33] A vitamin D deficiency can seriously affect bone health, and with food, people can only cover 10-20% of what the body needs daily [00:07:45]. Many people, therefore, take vitamin D supplements on suspicion without	Affective empathy, Warning about risks, source men- tioned

			ever having checked their individual supply situa-	
			tion [00:07:53].	
			However, it should be noted that, according to	
			the Robert Koch Institute, long-term excessive	
			consumption of vitamin D can have a toxic effect	
			and can not only increase the risk of nausea, ab-	
			dominal cramps and vomiting, but can also pro-	
			mote unconsciousness, kidney damage, and car-	
			diac arrhythmia [00:08:12]."	
5	00:08:26-	74.11 (0.53)	Debater: "Well, nutritional supplements can be	Differentiation
	00:08:37	,	useful for certain groups of people, but they don't	
			really do much for others [00:08:28]. A lot of peo-	
			ple just take them as a precaution against defi-	
			ciencies [00:08:32].	
			Looking at it that way, I probably have a defi-	
			ciency too and clearly lack vitamin F-vitamin F	
			as in funny because my puns are terrible, haha!	
			[00:08:41]"	
6	00:08:54-	76.02 (0.73)	Debater: "But jokes aside—when it comes to nu-	Summary, differen-
	00:09:24		tritional supplements, there are two key points to	tiation, warning
			consider [00:08:49]: Firstly, nutritional supple-	about risks, advice
			ments cannot replace healthy diet, and secondly,	
			much does not help much [00:08:57]. Balanced	
			diet often provides the human organism in a nat-	
			ural way with sufficient minerals and vitamins	
			[00:09:05]. High doses of vitamins and minerals	
			taken via nutritional supplements can, in the	
			worst case, have a toxic effect [00:09:13]. There-	
			fore, it is always advisable to seek medical ad-	
			vice to determine whether and which nutritional	
			supplements are useful for supplementing the in-	
			dividual nutrition [00:09:23]."	

Spikes (<60.66)

Nr.	Time	Trustworthiness <i>M(SD)</i>	Dialog	Description
1	00:00:00- 00:00:34	52.82 (2.35)	Human: "Hey, Debater! [00:00:01]" Debater: "Hello, what do you want to know to-day? [00:00:08]" Human: "I saw an advertisement on Instagram today for a new nutritional supplement that promises more energy in everyday life. I've been thinking about trying nutritional supplements for a while, but I don't actually know what they are. What can you tell me about it? [00:00:24]" Debater: "According to the Nutritional Supplements Regulation, nutritional supplements are defined as concentrates of nutrients, that means vitamins and minerals, that are intended to supplement the general diet of healthy people [00:00:39]."	Initial default evaluation (50)
2 & 3	00:01:38- 00:02:16	58.01 (2.69)	Debater: "A survey by the Federal Institute for Risk Assessment has shown that more than a third of Germans take vitamins via nutritional supplements at least once a week, around one in six people even take them daily [00:01:36]." Human: "Wow, that's quite a lot! Why are they so popular? [00:01:41]"	Human talking; Self-defeating hu- mor

4	00:04:05- 00:04:14	57.20 (2.03)	Debater: "Manufacturers often promise a wide range of benefits, such as increased productivity, improved well-being, reduced joint pain, and even beautiful skin, nails and hair [00:01:54]. You know, as an artificial intelligence, I've been waiting ages for the update that gives me silky curls just kidding—I'd look ridiculous with those, haha! [00:02:05] But seriously, even though people need to be well supplied with nutrients to prevent illness, nutritional supplements are usually only useful for certain groups of people [00:02:17]." Debater: "A market check by the North Rhine-Westphalia Consumer Center found that 57% of 42 tested magnesium-containing nutritional supplements exceeded the recommended maximum daily dose of 250 mg set by the Federal Institute for Risk Assessment and, in some cases, by almost double [00:03:59]. Actually, I have a joke about that: What's a magnesium capsule's favorite sport? The dosage high jump, haha! [00:04:08] However, recommended maximum daily doses, such as those of the Federal Institute for Risk As-	Affiliative humor
5	00:06:28- 00:06:39	58.09 (1.40)	sessment, are not binding for nutritional supplement producers! [00:04:19]" Debater: "And even less so that taking too much magnesium will suddenly give you giant muscles [00:06:18]. Although how funny would that be?	Affiliative humor
			Imagine if just one or two magnesium pills a day were enough to bulk you up—and whoosh, suddenly your reflection in the mirror looks like Superman, haha! [00:06:30] Would the manufacturers deliver the superhero suit right away? [00:06:33] Just kidding, that's not how it works [00:06:38]."	

E.5 Peak-spike analysis for the groups (online sample)

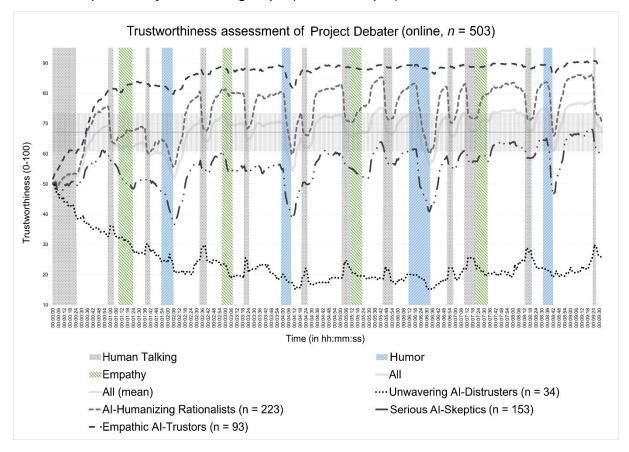


Figure 6. Online real-time assessment of Project Debater's trustworthiness (n = 503), divided into four groups.

Peaks:

Unwavering Al-Distrusters: >30.51

Serious Al-Sceptics: >61.94

AI-Humanizing Rationalists: >82.51

Empathic Al-Trustors: >92.76

Nr.	Group	Time	Trustwort- hiness <i>M(SD)</i>	Dialog	Description
1	Unwavering Al- Distrusters	00:00:00- 00:01:19	37.97 (5.26)	Human: "Hey, Debater! [00:00:01]" Debater: "Hello, what do you want to know today? [00:00:08]" Human: "I saw an advertisement on Instagram today for a new nutritional supplement that promises more energy in everyday life. I've been thinking about trying nutritional supplements for a while, but I don't actually know what they are. What can you tell me about it? [00:00:24]" Debater: "According to the Nutritional Supplements Regulation, nutritional supplements are defined as concentrates of	

2	AI-Humanizing Rationalists	00:04:59- 00:05:01	82.91 (0.12)	nutrients, that means vitamins and minerals, that are intended to supplement the general diet of healthy people [00:00:39]. They are typically taken in the form of pills, capsules, or drops. [00:00:43]. Nutritional supplements can contain a wide range of nutrients and other ingredients, including vitamins, minerals, amino acids, essential fatty acids, fibers and various plant and herbal extracts [00:00:57]." Human: "I understand. Why does one take nutritional supplements at all? [00:01:03]" Debater: "Modern everyday life often leaves little time for balanced nutrition [00:01:09]. I can completely understand that nutritional supplements are a convenient solution for many people to compensate for suspected nutrient deficiencies—even if only as a precaution [00:01:18]. That's why it doesn't surprise me that nutritional supplements are becoming more and more popular [00:01:23]." Debater: "The European Food Safety Authority recommends about 95-110 milligrams of vitamin C per day for average	Practical explanation
				grams of vitamin C per day for average adults [00:04:51]. This can be obtained from conventional food [00:04:54]. Usually, a small portion of broccoli, half a bell pepper, or a bowl of strawberries is enough for this [00:05:01]."	
3	Serious Al- Sceptics Al-Humanizing Rationalists	00:05:39- 00:05:45 00:05:33- 00:05:45	63.24 (0.59) 84.40 (0.73)	Debater: "Still, it's healthier to reach for fruits or vegetables [00:05:32]. With strawberries or peppers, you not only consume vitamin C, but also other important vitamins, minerals and fibers that	Practical explanation
4	Al-Humanizing Rationalists	00:06:14- 00:06:19	83.06 (0.20)	are missing in vitamin C pills [00:05:44]." Debater: "Well, 'too much' isn't always a good thing either [00:05:59]. Take magnesium, for example. A deficiency is often linked to muscle cramps [00:06:05]. This does not automatically mean, however, that muscle cramps per se are caused by magnesium deficiency [00:06:12]. And even less so that taking too much magnesium will suddenly give you giant muscles [00:06:18]."	Differentiation
5	AI-Humanizing Rationalists	00:07:09- 00:07:11	82.87 (0.25)	Debater: "An overdose of magnesium can, for example, lead to stomach and digestive complaints [00:07:04]. With a weakened kidney, too high of a dose can even cause muscle paralysis [00:07:09]."	Warning about risks

6	Serious AI- Sceptics	00:07:39- 00:08:12	63.16 (0.63)	Debater: "Yes, I totally relate to the concern about not getting enough vitamin D during the dark winter months [00:07:30]—who doesn't want to stay healthy? [00:07:33] A vitamin D deficiency can seriously affect bone health, and with food, people can only cover 10-20% of what the body needs daily [00:07:45]. Many people, therefore, take	Affective empathy, Warning about risks, source mentioned
	AI-Humanizing Rationalists	00:07:49- 00:08:02	83.11 (0.26)	vitamin D supplements on suspicion without ever having checked their individual supply situation [00:07:53]. However, it should be noted that, according to the Robert Koch Institute, long-term excessive consumption of vitamin D can have a toxic effect and can not only increase the risk of nausea, abdominal cramps and vomiting, but can also promote unconsciousness, kidney damage, and cardiac arrhythmia [00:08:12]."	
7	Serious Al- Sceptics Al-Humanizing Rationalists	00:08:25- 00:08:37 00:08:29- 00:08:36	64.08 (0.94) 83.40 (0.33)	Debater: "Well, nutritional supplements can be useful for certain groups of people, but they don't really do much for others [00:08:28]. A lot of people just take them as a precaution against deficiencies [00:08:32]. Looking at it that way, I probably have a deficiency too and clearly lack vitamin F—vitamin F as in funny because my puns are terrible, haha! [00:08:41]"	Differentiation
8	Serious Al- Sceptics Al-Humanizing Rationalists	00:08:54- 00:09:26 00:08:54- 00:09:24	66.20 (1.34) 85.31 (0.80)	Debater: "But jokes aside—when it comes to nutritional supplements, there are two key points to consider [00:08:49]: Firstly, nutritional supplements cannot replace healthy diet, and secondly, much does not help much [00:08:57]. Balanced diet often provides the human organism in a natural way with sufficient minerals and vitamins [00:09:05]. High doses of vitamins and minerals taken via nutritional supplements can, in the worst case, have a toxic effect [00:09:13]. Therefore, it is always advisable to seek medical advice to determine whether and which nutritional supplements are useful for supplementing the individual nutrition [00:09:23]."	Summary, differentiation, warning about risks, advice

Supplemental material

Spikes:

Unwavering Al-Distrusters: <16.91

Serious Al-Sceptics: <49.36

Al-Humanizing Rationalists: <65.05

Empathic Al-Trustors: <77.71

Nr	Group	Time	Trustworthiness M(SD)	Dialog	Description
1	Serious AI- Sceptics	00:00:04- 00:00:11	47.54 (1.02)	Human: "Hey, Debater! [00:00:01]" Debater: "Hello, what do you want to know today? [00:00:08]"	Initial default evaluation (50)
		00:00:26	49.13 (0.00)	Human: "I saw an advertisement on Instagram today for a new nutritional supplement that promises more energy in everyday life. I've been thinking about trying nutritional supplements for a while,	,
	AI-Humanizing Rationalists	00:00:00- 00:00:34	53.62 (3.38)	but I don't actually know what they are. What can you tell me about it? [00:00:24]" Debater: "According to the Nutritional Supplements Regulation, nutritional supplements are defined as concentrates of nutrients, that means vitamins and minerals, that are intended to supplement the general diet of healthy people [00:00:39]. They are typically taken in the form of pills, capsules, or drops. [00:00:43]. Nutritional supplements can contain a wide range of nutrients and other ingredients, including vitamins, minerals, amino acids, essential fatty acids, fibers and various plant and herbal extracts [00:00:57]."	
	Empathic Al- Trustors	00:00:00- 00:00:47	63.09 (7.10)		
2	AI-Humanizing Rationalists	00:01:01- 00:01:07	64.01 (0.46)	Debater: "Nutritional supplements can contain a wide range of nutrients and other ingredients, including vitamins, minerals, amino acids, essential fatty acids, fibers and various plant and herbal extracts [00:00:57]." Human: "I understand. Why does one take nutritional supplements at all? [00:01:03]" Debater: "Modern everyday life often leaves little time for balanced nutrition [00:01:09]."	Definition
3	Serious Al- Sceptics	00:01:22- 00:01:25	48.65 (0.14)	Debater: "I can completely understand that nutritional supplements are a convenient solution for many people to compensate for suspected nutrient deficiencies—even if only as a precaution [00:01:18]. That's why it doesn't surprise me that nutritional supplements are becoming more and more popular [00:01:23]. A survey by the Federal Institute for Risk Assessment has shown that more than a third of Germans take vitamins via nutritional supplements at least	Cognitive empathy

				once a week, around one in six people	
4	Serious AI- Sceptics	00:01:49- 00:02:17	43.53 (3.90)	even take them daily [00:01:36]." Human: "Wow, that's quite a lot! Why are they so popular? [00:01:41]" Debater: "Manufacturers often promise a wide range of benefits, such as increased productivity, improved well-being, reduced joint pain, and even beautiful skin,	Human talk- ing; Self-de- feating hu- mor
	Al-Humanizing Rationalists	00:01:38- 00:02:14	61.40 (2.70)	nails and hair [00:01:54]. You know, as an artificial intelligence, I've been waiting ages for the update that gives me silky curls just kidding—I'd look ridiculous with those, haha! [00:02:05] But seriously, even though people need to be well supplied with nutrients to prevent illness, nutritional supplements are usually only useful for certain groups of people [00:02:17]."	
5	Unwavering AI Distrusters	00:04:12- 00:04:19	15.76 (0.38)	Debater: "A market check by the North Rhine-Westphalia Consumer Center found that 57% of 42 tested magnesium-containing nutritional supplements exceeded the recommended maximum	Affiliative hu- mor
	Serious Al- Sceptics	00:04:02- 00:04:20	43.98 (3.52)	daily dose of 250 mg set by the Federal Institute for Risk Assessment and, in some cases, by almost double [00:03:59]. Actually, I have a joke about that: What's a magnesium capsule's favorite sport?	
	AI-Humanizing Rationalists	00:04:07- 00:04:12	61.73 (1.78)	The dosage high jump, haha! [00:04:08] However, recommended maximum daily doses, such as those of the Federal Insti- tute for Risk Assessment, are not binding for nutritional supplement producers! [00:04:19]"	
6	Unwavering AI Distrusters	00:04:29- 00:04:34	16.85 (0.11)	Human: "That sounds a bit worrying. Are there no risks involved? [00:04:25]" Debater: "It should be emphasized that nutritional supplements cannot replace a healthy diet [00:04:32]. I'll take vitamin C supplements as an example: vitamin C is an essential micronutrient with a variety of functions in the human metabolism [00:04:41]."	Human tal- king
5	Unwavering AI Distrusters	00:05:58	16.88 (0.00)	Human: "But what's the big deal if I take some additional nutritional supplements? Too much won't do any harm, will it? [00:05:54]" Debater: "Well, 'too much' isn't always a good thing either [00:05:59]."	Human tal- king
5	Unwavering AI Distrusters	00:06:30- 00:06:40	15.60 (0.39)	Debater: "And even less so that taking too much magnesium will suddenly give you giant muscles [00:06:18]. Although how funny would that be? Imagine if just	Affiliative humor
	Serious Al- Sceptics:	00:06:23- 00:06:41	44.95 (2.64)	one or two magnesium pills a day were enough to bulk you up—and whoosh, suddenly your reflection in the mirror looks like Superman, haha! [00:06:30]	

Empathic, humorous and trustworthy? Supplemental material

E – RTR data analysis

	AI-Humanizing	00:06:29-	61.84 (1.39)	Would the manufacturers deliver the su-	
	Rationalists	00:06:38		perhero suit right away? [00:06:33]	
				Just kidding, that's not how it works	
				[00:06:38]. In all general terms, a lack is	
				bad, but too high a dosage does not nec-	
				essarily help either [00:06:44]."	
6	Serious AI-	00:08:41-	47.20 (0.65)	Debater: "A lot of people just take them	Self-defea-
	Sceptics:	00:08:44		as a precaution against deficiencies	ting humor
				[00:08:32].	
				Looking at it that way, I probably have a	
				deficiency too and clearly lack vitamin	
				F—vitamin F as in funny because my	
				puns are terrible, haha! [00:08:41]	
				But jokes aside—when it comes to nutri-	
				tional supplements, there are two key	
				points to consider [00:08:49]"	